



**BARAKA CHILDRENS'
HOME
P O BOX 50613-00100,
NAIROBI, KENYA.**

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Dear Friend of Baraka,

RE: BARAKA CHILDREN'S HOME

Our journey to create a safe haven to accommodate children in the community we live in started as a prayer, driven by deep compassion and desire to see these young ones succeed in all spheres of life. We started this program with basic facilities and provisions and the progress has been gradual but with room for improvement.

It has not been easy. It has been a long struggle to secure food, shelter and other necessary provisions but can comfortably state that we have numerous success stories amidst the hurdles.

This document demonstrates our intention to move forward strategically with all members and partners involved in our program.

You are most welcome to walk this journey with us.

Yours Sincerely

**DIRECTOR
MRS MARGARET KIMARU**



INTRODUCTION TO BARAKA CHILDREN'S HOME

Baraka Children's Home was founded by Margaret Kimaru in 2006, having received an Approval Letter on the same. In the year 2012, Baraka Children's Home was officially granted the full status as a Community Based Organization (C.B.O.) under the Ministry of Gender, children and social services Development of the Republic of Kenya. And as a Charitable Children Institution dedicated to address cases related to child negligence, abandonment and total orphans in the area of Makongeni Estate, Kamenu Location in Thika, Baraka has been offering supports to the young children in the area. Orphanage later on extended its services to Komarock for Kayole-Soweto slum child support program; both centers are under one management.

Baraka Children's Home was founded with the help of a few well-wishers. The foundation's main objective is targeted at rendering assistance to the less fortunate families and vulnerable orphans as well as children with single parents struggling to provide the basic needs and security. In safeguarding the rights of children where the number of street children was on the rise, we began two homes in 2006 in Kamenu – Kiambu County and in Kayole – Nairobi County.

The foundation was set at Kamenu; an informal settlement, where the community is comprised of low income earners coupled with unskilled jobs and/or unemployment. Many children in this slum are orphans under the care of their aging grandmothers. With such low parenting skills most of them have dropped from school and are scavenging in the streets of Thika.

The Home has continued to receive support from well-wishers, Philanthropists and friends across the globe for the up keep of these needy children. Kamenu centre is a target of the less fortunate children from this area, whereas Komarock centre is a target of the less fortunate children from the slums surrounding Kayole-Soweto in Nairobi County.

Collectively, over 150 children have benefitted from our programs over the 10 years of our existence. We look forward to doing so much more in the future for the benefit of the community and country at large.

The Home activities and programs are guided by Kenya's Charitable Children's Institutions (CCIs) Regulation (2005). A home established under this law requires us to observe children's rights as stipulated in the United Nations Convention on the Rights of the Child (UNCRC) 1989, and the African Charter of the Rights and Welfare of the Child (ACRWC). This is to ensure maximum survival and development of children, non-discrimination, respecting of children's right to air opinions and the best interests of the



child as a guiding principle.

Agency: National Council for Children's Services

Contact Office: Department of children services, Director Children services.

Our Target Group

Baraka children's Home admits children from the toddler state up to the age of 18 years. We admit both genders. Baraka Children's Home nurtures the children in well-structured house plans. House mothers are assigned the duty to closely work with children as a way of monitoring progress of each child.

Currently, we kids all centres 265, kayole 65 kids boarding, 70 outreach that is we feed, clothe and educate but they say with guardian, thika 75 boarding and 40 outreach have number of our children has reduced following home tracing and family strengthening activities leading to child reintegration among those with known whereabouts. This number however keeps fluctuating due to various influences. Some of the children are referred to our Home by the community depending on the need at hand.

Vision

To be a dependable and safe place for vulnerable children within the community we work in.

Baraka children's home shall work for the realization of a dignified child in the society with equal opportunities in life for the common good of the children.

Mission

To nurture vulnerable children by offering physical, emotional and spiritual support to enhance their position as responsible and dependable members of the society.

Baraka children's home endeavours to contribute the acquired resources in establishing a conducive environment through rehabilitation and support to the vulnerable children without excluding their families for the better existence in future.

Objectives

At Baraka, we aim to promote the best interests of vulnerable children including (without limitation) taking measures aimed at—



- (a) Protecting them from abuse and neglect:
- (b) Improving their physical and mental health and their cultural and emotional well-being:
- (c) Improving their education and training and their participation in recreation and cultural activities:
- (d) Strengthening their connection to their families, or other culturally recognized family group:
- (e) Increasing their participation in decision making about them, and their contribution to society:
- (f) Improving their social and economic well-being

Guiding Principles

- 1. Protection
- 2. Creating limitless opportunities
- 3. Equity

Policy Statement

As stipulated in the Charitable Children's Institutions Regulations, 2005, Baraka seeks to;

Promote Children Welfare through;

- 1. Making suitable arrangements to ensure that an institution is operated so as to;
 - Promote and make proper provision for the welfare of children accommodated there
 - Make proper provision for the holistic care, education, supervision and treatment of children hosted there.
- 2. Making suitable arrangements to ensure that an institution is managed
 - In a manner which respects the privacy and dignity of children accommodated there
 - With due regard to gender, religious beliefs, racial origin, tribal, cultural and other background, and any special needs including disability of children accommodated there.

Following a documented Child placement plan

- 1. The Home shall, before providing accommodation to a child in an institution, or if that is not possible, as soon as possible thereafter, prepare, after conducting a needs assessment of the child, a written plan (hereinafter referred to as "the placement plan") for the child, setting out in particular
 - How, on a day to day basis, he will be cared for, and his welfare



- safeguarded and promoted by the institution
 - The arrangement for his health care and education
 - Any arrangements made for contact with his parents, relatives, and friends;— and
 - An arrangement for the child's care after the child leaves the institution, which shall include his home environment adjustment plan.
2. The administering authority shall review the placement plan annually, and where appropriate revise it as it deems necessary.
 3. In preparing or reviewing the placement plan, the administering authority shall so far as practicable, having regard to the child's age and understanding, seek and take account of the child's views.

Food provided to the children.

1. (a) The Home shall ensure that children accommodated in the institution are provided with food which;
 - Is served in adequate quantities and at appropriate intervals
 - Is properly prepared, wholesome, balanced and nutritious
 - Is suitable for their needs
 - Is sufficiently varied.(b) Access to fresh, clean, drinking water at all times.
2. The administering authority shall ensure that any special dietary needs of a child accommodated in the institution, which is due to health, religion, race, tribe or cultural background is met.

Provision of clothing and personal necessities

1. The Home shall ensure that children accommodated in the institution are appropriately and adequately clothed and shall ensure the clothing meets their needs.

Contact and access to information

1. The Home shall;
 - Promote the contact of each child with his parents, relatives and friends in accordance with the arrangements set out in his placement plan
 - Ensure that suitable facilities are provided within the institution for any child accommodated there to meet privately at any reasonable time, giving due regard to the institution's programme of activities, with his parents, relatives, or any person authorized by law.
2. The Home shall ensure that children accommodated at an institution are provided at all reasonable times and as far as practicable, with access to



relevant facilities for their communication with the outside world.

Education, leisure activity and employment

1. The Home shall promote the educational attainment of children accommodated in an institution, in particular by ensuring that
 - The children make use of educational facilities appropriate to their age, aptitude, needs, interests and potential
 - The routine of the institution is organized so as to further children's participation in education, including private study
 - Effective links are maintained with any schools attended by children accommodated in the institution.
2. The Home shall promote extra-curricular activities and ensure that children accommodated in the institution are
 - Encouraged to develop and pursue appropriate leisure activities
 - Provided with appropriate play, recreational and leisure facilities.
3. Where any child in an institution has attained the age where he is no longer required to receive compulsory full-time education, the administering authority shall assist with the making of, and giving effect to, the arrangements made for his education, training and employment with due regard to the child's views.

Religious observance.

1. The Home shall ensure that each child accommodated in an institution, so far as practicable -
 - Attend the services of
 - Receive instruction in
 - Observe any requirement (whether as to dress, diet or otherwise) of, the religious persuasion to which he belongs:

Provided that no child shall be forced to observe or participate in religious activities which are not of the child's persuasion.

Health needs of children.

1. The Home shall promote and protect the health of the children accommodated in an institution.
2. In particular the Home shall ensure that
 - Each child has access to such medical, dental, nursing, psychological and psychiatric advice, treatment and other services as he may require
 - Each child is provided with such individual support, aids and equipment as the child may require as a result of any particular health or special needs he may have
 - Each child is provided with such individual support and advice on



health and personal care issues appropriate to his needs and wishes and that female children are provided with appropriate and adequate sanitary facilities

- At all times and depending on the number of children, at least one person on duty at the children's institution has a suitable first aid qualification
- Any person appointed to the position of nurse at the institution is a registered nurse.

Hazard and safety.

The Home shall ensure that;

- All parts of the institution to which children have access are free from hazards to their safety
- Activities in which children participate are so far as reasonably practicable free from avoidable risks
- Unnecessary risks to the health or safety of children accommodated in the home are eliminated
- Suitable arrangements for all children, and persons working at the institution to be trained in first aid and disaster preparedness and management

GOALS

Our goals are driven by the Guiding Principles of;

1. Protection – ensuring that the child placed under our care is shielded from internal and external harm at all times.
2. Creating limitless opportunities – developing a child enabling him/her to maximize their potential
3. Equity – ensuring that the resources accorded to each child are sufficient and that each child is treated fairly to create harmony in the Home.

CHALLENGES TO ACHIEVING THESE GOALS

The major challenge to achieving these goals is related to the inconsistent nature of financing.

Currently, one of the homes in Thika was shut due to accumulated rental dues while the Komarock one had to be relocated to a simpler, cheaper establishment in Kayole due to dwindling funds.

Limited resources also hinder the employment and retention of the best care



givers at the home and this affects how well these children interact with them. For example, it takes time before these children can be free enough to open up to new caregivers and confide in them.

We have also been forced to cut back on the Skill Development and Talent Search and Development programs to concentrate on how to feed, educate, shelter and deal with medical cases as they arise.

An ideal situation is where we are able to invest in running all the programs as expounded in the next chapter

SITUATIONAL ANALYSIS

The Home admits needy cases at whatever age of the child, depending on their backgrounds. Once a child is placed in our program, irrespective of age, we have developed a system in which we induct the child in our programs as we monitor him/her to enhance a holistic growth.

<u>STRENGTHS</u> <ol style="list-style-type: none">1. Proven experience in successfully working with the less privileged in the community2. Good will in the community we work in3. Support by well-wishers who continually stand with us	<u>WEAKNESSES</u> <ol style="list-style-type: none">1. High staff turnover2. Escape cases by children who run away3. Downscaling programs due to lack of enough resources to run the programs efficiently4. Dependence on rental spaces5. Lack of ample space for extra
<u>OPPORTUNITY</u> <ol style="list-style-type: none">1. Creation of employment opportunities to young adults who have gone through our	<u>THREATS</u> <ol style="list-style-type: none">1. Collapse of the programs in a case where we do not secure a strategic partner.



program 2. Possible interaction and collaboration with worldwide partners in programs such as exchange visits, conservation efforts, e.t.c.	2. Delinquency of the children who do not benefit from our program due to limited resources
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Current Programs and Activities in our Home

1. Education program

Baraka Children's Home has a total of eight (8) students in high school and twenty three (23) in primary school. 2 older ones are in college. School enrolment is characterized by higher figures in terms of admission fees and fees for the current term.

2. Rite passage of the standard eight boys and girls

The students in the home undergo a rite of passage after their primary examinations, KCPE, to prepare them for the next phase in life. Baraka looks forward to incorporate the celebration with the Baraka Bonuses annual passage for our teenagers at the end of the year back the community and live a life they are prepared for.

3. Rehabilitation and reintegration Program

Baraka Children's Home continues to a safe haven to destitute children in the Kayole community. We have received children from different backgrounds, such as;

- Orphans due to HIV/AIDS
- Children from destitute single or both parent families
- Drug addicted parents
- Street children

4. Arts and Talent Promotion

Baraka has nurtured children talents and supported them in pursuing their life goals. Baraka has great footballers, swimmers, artists and actors. We also encourage and take these talented children for auditions and performances in various forums organized by the community and general in public gathering.



Baraka offers an open platform for creativity and a place where they can practice their talents.

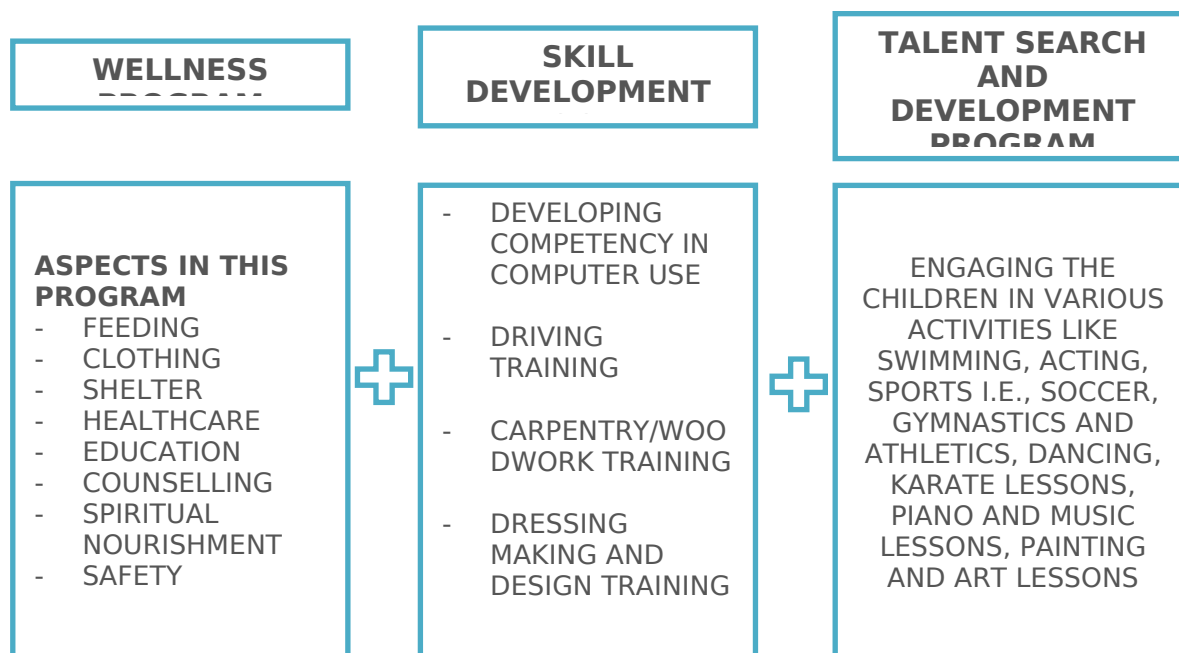
STRATEGIC PLAN SHORT TERM GOALS

This refers to a number of daily and/or monthly expectations that the Home has to meet to ensure that the children in our care live well. This includes; food, shelter, clothing, education, counseling and spiritual nourishment. They require a daily input in terms of financial and time resources;

- Finances to ensure that the bills are taken care of
- Time to monitor how well the children are utilizing these resources

The wellness program is currently financed by well-wishers and the Home's Director. If finances and time allows, the children are treated to leisure activities like visits to the animal orphanage and nature walks

In a bid to offer quality care and ensure that every child placed under our care is molded in all spheres of life, we have simplified our approach in the following categories;



The skilled development program targets all children with a compulsory introduction to computer literacy classes depending on age. The other trainings, for example, driving, carpentry, dressmaking, beauty, e.t.c are offered to the older ones who have completed secondary education and are waiting to join college.

The talent search however, is open to all children depending on their preference. Every child is encouraged to take up at least one class to develop their interests and talents.

This holistic approach to bringing up a child in the Home's care requires careful planning and execution of resources within our disposal. We intend to integrate the program's sustainability in the long term to ensure that as many as possible benefit.

BUDGETARY ESTIMATES FOR THE HOME: DAILY, MONTHLY AND ANNUALLY

These estimates are based on activities carried out in the specified times. It does not include estimates for any other item, for example, funds for farming in the existing Home's farm.

Item	Unit	Sub-total	Total in Ksh.	Total in USD
DAILY				
Feeding @ ksh 400	43	17,200	17,200	165.98



	children			
MONTHLY				
Rent @ ksh 25,000	2	50,000		482.49
Feeding @ 17,200 daily	30	516,000		4979.26
Water @ 1 bowser per week	5,000	20,000		192.99
Salaries @ Ksh. 25,000 Per employee	5	125,000		1206.22
Logistics @ 4,000 per week	4	16,000		154.40
Electricity @ 15,000 per month	2	30,000		289.49
Toiletries @ 12,000 per month	1	12,000		115.8
Maintenance @ 3,000 per home	2	6,000		57.9
			805,000	7768.02
ANNUAL				
Monthly expenditure @ ksh 805,000	12	9,660,000		93216.30
Excursion @ 2,000 per child	43	86,000		829.88
Movie @ 1,500 per child	43	64,500		622.41
General maintenance (minor repairs, painting, e.t.c) @ 20,000 per home	2	40,000		385.99
SUB-TOTAL FOR THE YEAR			9,850,000	95049.74
Miscellaneous 5% of estimates			492,525	4752.73
GRAND TOTAL			10,342,525	99802.47

N/B: The estimates for the school fees, medical, development projects and insurance have not been included in the table above.

MEDIUM TERM GOALS

This phase mainly consists of aspects that have not been well tackled due to limited resources.



They include;

- Purchase of a suitable piece of land to facilitate further development of the Home's capacity and programs
- Purchase of the Home's vehicle, preferably a van to facilitate better logistical planning and execution.
- Investment in a modern Information, Communication and Technology (ICT) Centre to facilitate computer literacy
- Formalization of policies, for example, the Employment Policy, focused on hiring and retention of the Home's employees to ensure that our programs are well executed to the advantage of the children. Under this, the Home requires the services of a trained nurse with counseling skills to be able to work well.
- Investment in a health and an insurance cover against theft, fire or any other insurable calamity.

LONG TERM GOALS

This phase mainly focuses on the consolidation of the short and medium term goals for prosperity. In our long term strategy, we would like to utilize the input of those who have successfully gone through our program in giving back to the Home. This means that, we can offer employment to children who have been successfully trained in

ITEM	QUANTITY	UNIT COST Kshs.	YEAR 1 Kshs.	YEAR 2 Kshs.	YEAR 3 Kshs.
Project pick up	1	1059000	1059000		
Land Purchase	1	800000	800000		
Cows	8	40000	320000		
Goats	16	4000	64000		
chicken	Lump sum		1250000		
MAIN OFFICE CONSTRUCTION	5	10000	50000		
	40	700	28000		
Lorries-stone	Lump sum		270000		
Iron-sheets	8	40000	320000		
Timber	300	800	240000		
Sand-Lorries	Lump sum	14000	700000		
Cement-Bags	3	4000	16000		
Metal Doors	Lump sum		580000		
Windows	20	8000	160000		
Labour	10	7000	70000		
Paint-Buckets	50	2500	125000		
Hardcore-lorries	30	10000	300000		
EQUIPMENT/UTILITIES	10	8000	80000		
	5	10000	50000		
Executive chairs	10	30000	300000		



Tables	Lump sum		194000	95000	95000
Computer	30	7000	210000		
Consumables	30	1500	45000		
Beds	60	1000	60000		
Mattresses	Lump sum		10000		
Bed sheets	4	3000	12000		
Game kits	3	7000	21000		
Mobile phone	10	2000	20000		
Cooker	2	30000	60000		
Lamp	2	50000	100000		
Television	Lump sum		264000	560000	
Laptop					
Farm Inputs & Equipments	Lump sum	3000000	3000000		
	50	700	35000		
DINING HALL CONSTRUCTION	Lump sum		80000		
	4	40000	160000		
Lorries-Stones	40	800	32000		
Iron-sheets	5000	5	25000		
Timber	2	12000	24000		
Sand-Lorries	8	8000	64000		
Cement-Bags	10	8000	80000		
Water-Litres	Lump sum		200000		
Metal doors	20	7000	140000		
Metal Windows					
Paint-Buckets					
Labour	30	1800	54000		
Hardcore-Lorries	20	350	7000		
	30	7000	210000		
PERIMETER WALL	20	800	16000		
Mash Wire	Lump sum		50000		
Binding Wire					
Stones-Lorries	1	70000	840000	840000	840000
Cement-Bags	1	50000	600000	600000	600000
Labour	1	40000	480000	480000	480000
STAFF SALARIES	1	25000	300000	300000	300000
Director	2	20000	480000	480000	480000
Principal	1	20000	240000	240000	240000
Deputy principal	2	28000	672000	672000	672000
Cateress	2	7000	168000	168000	168000
Secretary	2	5000	120000	120000	120000
Accountant	1	2500	60000	60000	60000
Counsellor	2	5000	120000	120000	120000
Social workers	3	20000	720000	720000	720000
Watchman	4	30000	900000	900000	900000
Gardeners	1	30000	360000	360000	360000
Cooks					
	Lump sum		200000		
OTHERS					



Office Store Clothing			17365000	6715000	6155000
TOTAL					0

PROJECT RISKS

Every stage in this project will be a potential source of risk but all these will be mitigated upfront through innovative strategies. Possible risks are expected to emanate from:-

- Escalating costs of clothes, food items, educational materials, medicinal drugs and counselling activities.
- High rates of HIV/AIDS infections and deaths resulting in large numbers of orphans to be rehabilitated.
- Lack of motivational salary due to insufficient funds.
- Failure to acquire cheap land for expansion.
- High costs of building materials.

MEASUREMENT OF SUCCESS

In this phase we analyze the key performance indicators related to;

- School performance/graduation rate, for example, report forms at the end of every term/year
- Performance in the co-curricular activities such as the award of trophies, merit certificates, certificates of participation
- Medical cases
- Indiscipline records
- Participation the Home's activities, for example, leadership, cleaning, cooking, e.t.c

FEEDBACK WITH STAKEHOLDERS

The Home will initiate monthly Newsletter providing information on program progress and challenges. This will be sent monthly, quarterly, semi-annually or annually as per the wishes of each individual. Our partners and friends shall remain to be the immediate recipients these reports; touching on institutional progress and the livelihood project in report with well analysed challenges and achievements.

The purpose of these publications is to give updates on project activities and highlight the achievements in terms of outputs realised especially those related to expenditure.



SUSTAINABILITY

Baraka children's home relies on financial support from the community, well-wishers, friends and fundraising events.

Continuity of the programs is anticipated to go on as planned with the support of income generating strategies put in place, for example, board members are expected to do a lot of networking to solicit funding from various sources such as donor organizations, churches, e.t.c. Such funds used will be utilised to boost its livelihood project, where the produce will lower expenditure incurred in daily purchase of food consumed in the centre.

APPENDICES



children in an outdoor activity

Baraka



An intern at the Home helping out a student



Mama Baraka addressing workers in the Home



Chicken farming at the Home



Wheat farming in Kiawara - Nyeri



A visit by a local Secondary school to the Home





A visit by a group of well-wishers



Mama Baraka serving beverage to the young ones



Children entertaining guests at the Kamenu Home



Children enjoying refreshments after outdoor activities



Guardians of some of the children in the Home



Baraka Children Karate Team



A Volunteer at the Home with some of the children.